

Ingredients:

Beets
Carrots
Spinach or kale
Broccoli or cauliflower
Mushrooms
Shredded coconut dyed blue and green (optional, for texture)

Directions:

Prepare the Vegetable Layers:

Wash and peel the vegetables. Cut them into slices or pieces to resemble layers.
Divide the coconut into two bags. Mix one bag with blue food coloring and the other with green.

Creating the Layers:

Start by placing a layer of mushrooms at the bottom of a serving dish to act as the Earth's inner core.
Layer the carrots over the mushrooms to signify the outer core.
Add the beets on top of the carrots to represent the mantle.
Follow it with the spinach or kale for the crust.

Texture and Surface:

If desired, sprinkle shredded coconut over the layers to depict the Earth's oceans.

Presentation:

Arrange the vegetable layers creatively, ensuring they're clearly visible and distinct to represent the various layers of the Earth.

