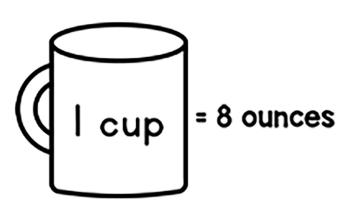
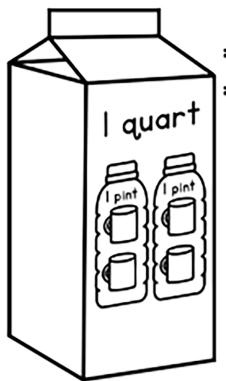
CAPACITY CONVERSION CHART

capacity means greatest amount that something can hold



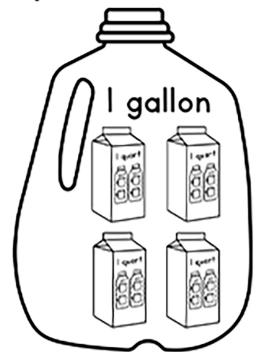


= 2 cups = 16 ounces



= 2 pints

= 4 cups



= 4 quarts

= 8 pints

= 16 cups

= 64 ounces