

CONVERSION CHART WEIGHT / MASS

Customary Conversion

16 ounces (oz) = 1 pound (lb)

2,000 pounds (lb) = 1 ton (short ton)

32,000 ounces (oz) = 1 ton (short ton)

Metric Conversion

1,000 grams (g) = 1 kilogram (kg)

1,000 kilograms (kg) = 1 metric ton (tonne)

Customary Conversion to Metric Conversion

1 ounce $\approx$ 28.35 grams

1 pound $\approx$ 453.59 grams

1 pound $\approx$ 0.454 kilograms

1 ton (short) $\approx$ 907.18 kilograms (0.907 tonne)

Metric Conversion to Customary Conversion

1 gram $\approx$ 0.035 ounces

1 tonne $\approx$ 2,205 pounds

1 kilogram $\approx$ 2.205 pounds

1 tonne $\approx$ 1.102 tons (short)

1 kilogram $\approx$ 35.27 ounces

Common Conversions

16 oz = 1 lb

1 kg = 2.205 lb

1,000 g = 1 kg

1 lb $\approx$ 0.454 kg

2,000 lb = 1 ton