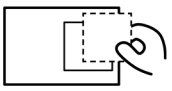
SUPERSTAR WORKSHEETS

Digestion Sort
Chemical vs. Mechanical

Name:

Date:

Cut and paste each card into the correct category below.



Mechanical Digestion:	Chemical Digestion:

Pepsin breaks down proteins	Molars grind a carrot into small bits
Amylase in saliva breaks down starch	Lipase breaks down fats
Teeth chew food (mastication)	Pancreatic juice breaks down carbohydrates
The tongue mixes food into a bolus	A cracker is crushed into crumbs
Hydrochloric acid breaks down food	A chewed cracker starts to taste sweet
Bile breaks fat into tiny droplets	Stomach muscles churn food into chyme

Images (c) Color Idea