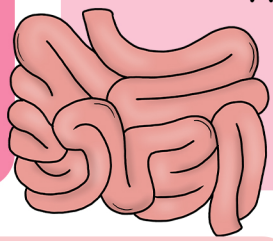
FUN FACTS ABOUT THE DIGESTIVE SYSTEM

SPIT FACTORY
Your salivary glands make up to about 1.5 liters of saliva every day, which is roughly 6 cups.

GROWLING GUT
The rumbling sound your stomach makes is called borborygmi. It happens when muscles push gas and liquid through the intestines.

THE BIG TRIP
Food usually takes about 1 to 3 days to travel all the way through the digestive tract.

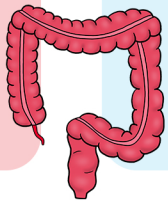
LONG AND WINDING
The small intestine can be about 20 feet long, but it loops back and forth to fit inside your abdomen.



STRETCHY STOMACH
An adult stomach can stretch to hold about 1 to 1.5 liters of food and drink.

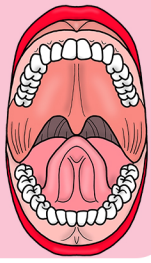
TINY HELPERS
Your large intestine is home to trillions of helpful bacteria. These tiny helpers break down fiber your body can't digest on its own, and they even make vitamins like vitamin K.

ACID PROOF
Your stomach makes acid strong enough to break down food, so it coats itself in a thick layer of mucus for protection. It also builds a brand-new lining every few days.



HIDDEN SURFACE
Villi and the even tinier folds on them give the small intestine a surface area of about 30 square meters, roughly half the size of a badminton court.

UPSIDE DOWN SWALLOW
Peristalsis is so strong that you could swallow food even while standing on your head.



HEAVYWEIGHT ORGAN
The liver is the largest organ inside the body. It weighs about 3 pounds and does hundreds of jobs.

SUPERSTARWORKSHEETS

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