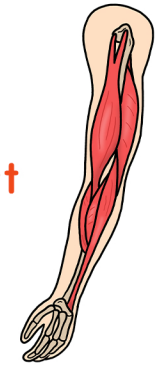
TWO TRUTHS & A LIE: MUSCULAR SYSTEM

Your heart is made of cardiac muscle.

Cardiac muscle works without you having to think about it.

You can choose to stop your heart muscle whenever you want.



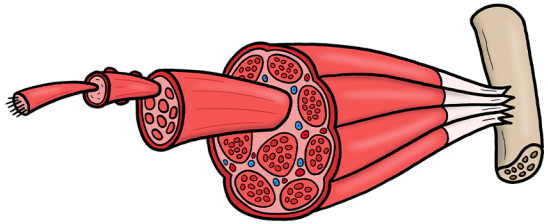
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TWO TRUTHS & A LIE: MUSCULAR SYSTEM

Many skeletal muscles work in pairs.

Muscles can only pull, not push.

Muscles push on bones to straighten a joint.



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TWO TRUTHS & A LIE: MUSCULAR SYSTEM

There are no muscles inside your fingers.

Each finger has its own large muscle inside it.

Forearm muscles move your fingers by pulling on tendons.

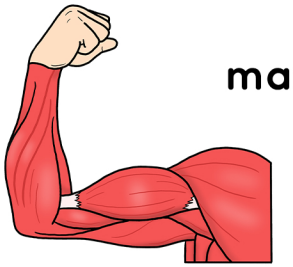


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TWO TRUTHS & A LIE: MUSCULAR SYSTEM

The sartorius is the longest muscle in the body.

The bicep is the largest muscle in the body.



The gluteus maximus is the largest muscle in the body.

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TWO TRUTHS & A LIE: MUSCULAR SYSTEM

You have to think about it to make your intestines move food.

Smooth muscle lines the walls of the stomach and intestines.

Peristalsis can move food even when you are upside down.

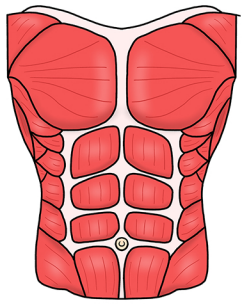


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TWO TRUTHS & A LIE: MUSCULAR SYSTEM

Tendons connect muscles to bones.

Ligaments connect muscles to bones.



The Achilles tendon is the largest tendon in the body.

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